

3rd Quarter, 2024



LSU Health NO Emergency Alert System

We are in the peak of the 2024 Hurricane season. In the event of an emergency situation, LSU Health New Orleans administration has the capability to communicate important information through e-mail and text messaging to the entire campus.

Sign up for email and text alerts [here!](#)



2024 PES Planning Session

2024 Planning Sessions are due September 13, 2024. These planning sessions will be used for the transition period of 7/1/2024 through 12/31/2024.



Act 109 - ORP Participants may now switch to TRSL

Eligible Optional Retirement Plan (ORP) participants now have a one-time opportunity to switch to the Teachers' Retirement System of Louisiana (TRSL), thanks to Act 109, which removes the previous irrevocability clause. For detailed information, including FAQs and implications of this change, visit the [TRSL webpage](#).

TRSL has published an [employee fact sheet](#) and will soon offer webinars and other resources to help you make an informed decision. To make your election, reach out to HRM Benefits at nohrmbenefits@lsuhsc.edu.



Unclassified Start Date Calendar

Utilizing our start date and packet entry due date calendar for unclassified employees allows for the best onboarding experience for new hires and a coordinated new employee orientation experience.

[Click here for the Unclassified Start Date Calendar!](#)

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(504) 568-4834



2025 Annual Enrollment

Each year, from **October 1 to November 15**, you can update your health insurance enrollments for the upcoming year. Changes made during this period will take effect on January 1, 2025.

Remember: While most plans will automatically renew, your Healthcare FSA, Dependent Care FSA, and Health Savings Account (HSA) contributions do not. You must take action to elect these contributions each year to continue them.

You can review your current benefit elections at any time in [PeopleSoft Self-Service](#).



NEW Supervisor Orientation

Our brand-new Supervisor Orientation equips supervisors with the knowledge and resources to effectively manage people and drive organizational success. This program provides an overview of essential HRM policies and procedures, while connecting you with key contacts who will support you in executing administrative functions throughout the employee lifecycle.

Whether you're newly hired, recently promoted, or a current supervisor seeking to sharpen your leadership abilities, this orientation will provide you with the tools and resources you need to lead your team confidently.

Ready to enhance your supervisory skills? [Book Your Spot Here!](#)



Leadership Intermediate Series

We are excited to introduce **Leadership Intermediate Series**, a comprehensive training program designed to enhance your leadership skills and prepare you for the challenges of leading a team.

Courses:

- **Emotional Intelligence:** Enhance your ability to understand and manage emotions for better leadership.
 - [Book for the Downtown Campus](#)
 - [Book for the Dental School Campus](#)
- **Leadership Courage:** Build the confidence to make tough decisions and lead with integrity.
 - [Book for Downtown Campus](#)
 - [Book for Dental School Campus](#)

Looking for our Leadership Fundamentals training program? View our [Course Catalog](#) for more information.

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Subscribe to our Financial Wellness and Retirement Emails

Interested in receiving regular notices on upcoming Financial Wellness webinars and on-site vendor meetings? Click [here](#) and complete the form to subscribe to monthly updates.



Learning Byte

August is National Wellness Month!

TIPS FOR ENHANCING YOUR HEALTH & WELLNESS:

- EXERCISE OR PLAY SPORTS
- DRINK PLENTY OF WATER
- SPEND SOME TIME OUTSIDE
- GET ENOUGH SLEEP
- TAKE A SOCIAL MEDIA BREAK
- CALL OR SPEND TIME WITH A LOVED ONE
- EAT FRUITS AND VEGETABLES
- PARTICIPATE IN HOBBIES YOU LOVE
- PRACTICE SELF-CARE

LSUHSC RESOURCES:

- [WELLNESS CENTER](#)
- [CAMPUS HEALTH](#)
- [EMPLOYEE HEALTH, WELLNESS & SAFETY RESOURCES](#)

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